

### MMMCHS NEWSLETTER



**VOLUME 3** 

**ISSUE 3** 

JULY - SEPT 2025

### FACULTY MESSAGE

Dear Students,

<u>Paramedical courses:</u> These courses equip individuals with the skills to support doctors and nurses in various healthcare settings. These courses, ranging from certificate to degree levels, cover a wide spectrum of healthcare roles, including diagnostic testing, emergency care, and assisting with medical procedures.



Paramedics: They are highly trained medical professionals specializing in emergency medical care, particularly in pre-hospital settings. They are often the first responders to medical emergencies, providing immediate life-saving treatment and stabilizing patients.

Career: By choosing a paramedical course, you embark on a fulfilling career path that offers job security, opportunities for advancement, and the chance to make a significant impact on society

Duties: Assessing patients is a primary responsibility. Paramedics quickly evaluate patient conditions, gathering medical history, vital signs and symptoms. They determine appropriate actions and provide necessary treatment.

Scope of paramedics in India: The paramedical field in India offers a wide range of career opportunities, with high demand and growth potential due to the expanding healthcare sector and increasing need for skilled professionals. Paramedics work in various settings like hospitals, clinics, diagnostic labs, and even in emergency services, supporting doctors and other health care professionals.

Scope of Paramedics in Abroad: The scope of paramedic in abroad is generally very promising, with high demand and competitive salaries, particularly in Australia, Canada, New Zealand and the UK

Ms. Vanitha
Asst professor Cum Co-ordinator





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## **STUDENT DEVELOPMENT COUNCIL PROGRAMS**

### Eco Club - No Plastic week

A part of global efforts to reduce plastic pollution, MMMCHS successfully conducted "No Plastic Week" from July 7 to 12, 2025. The initiative led by the Eco Club Organizers and SDC office bearers, aimed to foster awareness and inspire behavioral change among students and staff to move towards a plastic-free environment.















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#### Eco Club Contest

A part of global efforts to reduce plastic pollution, various competitions were held on 19<sup>th</sup> Sept 2025 with a theme "Let's Say No to Plastic, Yes to Planet,"

- 1. Poster Making Competition "Our Planet, Our Responsibility"
- 2. Recycled Art Challenge "Utilizing Waste/Recyclable Materials"
- 3. Short Video Reel Contest "30 Seconds for Earth"
- 4. Slogan Writing "Green Campus, Clean Campus"
- 5. Photography Contest "Nature Speaks"































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### Students Tour

To rejuvenate and relax themselves students had a one day tour program to nearby theme parks accompanied by staff members. I yr students and Post Graduate students visited MGM & VGP golden beach respectively. They had fun filled and excited experience with their friends.













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### **Teacher's Day Celebration**

Teacher's Day celebration was held on 4th Sept 2025 with great enthusiasm and reverence to honor the invaluable contributions of our Teachers. Students conducted programs like welcome dance, solo song, awarding ceremony for teachers and presented gifts, cakecutting ceremony and few fun filled games for staff members.











































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### Tamil Mandram

## **CLUB ACTIVITIES**

MMMCHS மருத்துவ அறிவியல் கல்லூரியின் தமிழ் இலக்கியக் கழகம் சார்பாக, அன்னை மருத்துவ திருநாள் மற்றும் தமிழ்நாடு அரசு மருத்துவமனை 30.7.2025 சிறப்பாக நடத்தப்பட்டது. டாக்டர் முத்துலட்சுமி ரெட்டியின் வரலாறும், அவரின் மருத்துவ துறையிலும் செய்த முக்கிய பங்களிப்புகளும் குறித்து உரையாற்றினார். இயலும் இசையும் போட்டி நடந்தது

#### வெற்றியாளர்கள் :

1<sup>st</sup> Place - செல்வி யாமினி மற்றும் செல்வி ஏஞ்சல்

2<sup>nd</sup> Place - செல்வி வர்ஷா மற்றும் செல்வி ஜாஸ்மின்

3rd Place - செல்வி தமிழ்மதி மற்றும் செல்வி லிடியா





### **English Literary Club**

MMMCHS Literaria organized Caricature and Cosplay contest on 15th July, 2025, which encourages creative offerings, emphasizing originality, craftsmanship, and expressive performance.

#### Caricature winners:

1st Place - Gurupriya - I BSc PA

2nd Place - Vaishnavi - I BSc CT

3rd Place - Leya - I BSc CT

### Cosplay winners:

1st Place - Joshika - I BSc DT

2nd Place - Tanuja - I BSc OTAT

3rd Place - Lincy - II BSc MS









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#### Career Guidance

The Career Guidance for 11<sup>th</sup> & 12<sup>th</sup> class students were conducted at various schools. The allied health course for the medical aspiring students were explained. Application process, method of selection, job prospects were discussed. Importance of Medical Sociology deparement was explained on broad spectrum. Pamphlets were distributed among students.

- 1. P.S. School, Mylapore 05.06.2025
- 2. Green Valley School, Mogappair, 11.06.2025
- 3. Krishnaswamy Matriculation, Villivakkam, 23 & 28th Aug 2025
- 4. Vijayantha Model School 7.8.2025





















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## Staff Development Program

The college arranged an awareness program on postal insurance as part of the staff development program. The PLI development officers of GPO, Chennai visited the college to explain in details the benefits of taking postal insurance.

















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## **EUENTS**

### **Onam Celebration**

The Onam festival was celebrated on 4<sup>th</sup> Sept 2025, program began with Welcome Address, Thiruvathirakali, Onapaattu, Tamil Nadu vs Kerala Traditional Fusion Dance, and the celebration reached its peak with a powerful Chendamelam, students enjoyed dancing for the melam. The most exciting part of the day was Vadamvali, students participation was enthusiastic.



















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### Independence Day

The 79<sup>th</sup> Independence day was celebrated on 14<sup>th</sup> August 2025. Flag was hoisted by the Principal. Students and staff paid their respect to the flag and the nation. Tamil Thai Vazthu and National anthem were recited before and after the flag hoisting. A special message was given by Ms. Aruna, Reader, CHS. Two competitions were held for students "The Anthem challenge" & "Patriotic dance". Winners were awarded with certificates and memento.





















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## **OUTREACH PROGRAMS**

#### **NGO VISITS**

Students of Medical Sociology were taken to various non governmental organization as part of their university curriculum

- 1. Christian Missions Charitable Trust
- 2. Integrated Development Initiatives & Alternative Foundation















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### Tribal Visit

The student of Medical Sociology department were taken for tribal visit to Narasinga Village, Sholyur, Kerala from 23<sup>rd</sup> to 26<sup>th</sup> July as part of their curriculum. They visited Dharshana Rehabilitation center, Anganwadi centers, Kavalan day care center for special children

### Objective of visit:

- Social and economic background
- Marriage
- Health Practices
- Changing pattern of earding, belifes and customs.
- Simple survey on health and diseases.

















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### Village Visit

Students of II MSc Clinical Nutrition and I & II BSc Medical Sociology visited the Suragapuram village, Thiruvallur district. Students carried out data collection by conducting house-to-house visits and interacting with villagers, they also visited the Balwadi center and primary school in the village. Nutrition education was provided to children. Mass awareness program on balance diet and diabetes prevention.













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### **DEPARTMENTAL VISITS**

The students of II & III Cardiac Technology visited Medeuore Medical Solutions Pvt Ltd, Perungudi on 2<sup>nd</sup> Aug 2025. The visit aimed to provide students with hands-on experience and exposure to various medical technologies and devices used in the cardiac care industry. Topics covered Vital Signs Monitoring, Drug Delivery Systems, Biomedical Devices, Laboratory Facilities, 3D Design & Fabrication.















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Students of II BSc. Medical Laboratory Technology along with staff attended four days workshop "medical diagnostics and HLA/hematology workflows" at HORIBA Nagpur facility from 4<sup>th</sup> to 7<sup>th</sup> Aug 2025. Topics covered during the workshop were Hematology Training, Basic Chemistry & Biochemistry Instruments, Coagulation Diagnostics.















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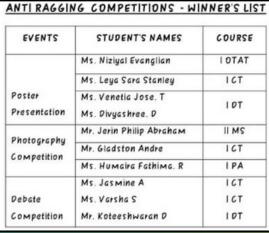
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## YOUTH RED CROSS

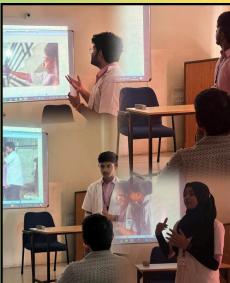
### Anti - Ragging Awareness

The youth Red Cross of MMMCHS conducted Anti Ragging awareness programs to sensitizing students about the harmful effects of ragging and promoting a culture of respect and harmony among students. Programs were debate, poster presentation & photography.





















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## **AWARDS & RECOGNITIONS**



Ms. Deepa Saravan, Asst Professor Cum Co-ordinator, was awarded with best employee award for the year 2024- 25 of Madras Medical Mission College of Health Sciences.

We congratulate Ms. Deepa for her dedicated work

Ms. Kalpana, Executive Accounts, was awarded for serving at Madras Medical Mission for 30 years.

We congratulate Ms. Kalpana for her dedicated service and workmanship.





MMMCHS was awarded Honour of Excellence "Pioneer in Educating & Empowering Allied Health Science Fraternity by Sri Venkateshwaraa College of Paramedical Sciences, Pondicherry during an International conference on 21st & 22nd Aug 2025.

MMMCHS was awarded as Best Insitution by Saveetha Denatl College, during the 6<sup>th</sup> Microsummit 2025, International conference on cutting- Edge strategies in Epidemiology and Diagnostics of Infectious Diseases







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Ms. Rizwana Afrin, Student of BSc OTAT was awarded 2<sup>nd</sup> place in the Best outgoing student award among the Allied Health Sciences under graduate students.

BSc PA intern & 3 yr students participated and won first prize in ID hackathon 2025 in IIT research institute.





Ms. Preethi, Student of BSc OTAT was awarded 1<sup>st</sup> place in the Best Researcher award among the Allied Health Sciences under graduate students.