



HPV VACCINATION AWARENESS: PROTECTING FUTURE GENERATIONS

Human Papillomavirus (HPV) infection is a major cause of cervical cancer, which is one of the most preventable cancers among women. In India, cervical cancer ranks as the second most common cancer in women, and most cases are preventable with timely vaccination and screening. World Health Organization (WHO) now recommends a single dose of the HPV vaccine for girls aged 9–14 years, offering effective and long-lasting protection. Early vaccination, especially before the onset of sexual activity, helps in building strong immunity against the virus. Despite its proven safety and efficacy, myths surrounding the vaccine still persist — such as the false belief that the HPV vaccine causes infertility or is only necessary for sexually active individuals.

In reality, the vaccine does not affect fertility and is most beneficial when given early, before any exposure to HPV. It is also wrongly assumed that only girls need the vaccine, but boys can benefit too by reducing the spread of the virus and preventing other HPV-related cancers. As future healthcare professionals, it is essential for students to spread correct information, break these myths, and promote HPV vaccination to ensure a healthier tomorrow.

HPV vaccination is a scientific breakthrough and a public health victory in the fight against cervical cancer.

Let us, as the new generation of healthcare workers, lead the movement — educate, advocate, and vaccinate.

“Preventing cancer is always better than curing it.”

Deepa. S

Asst Prof Cum Co-ordinator

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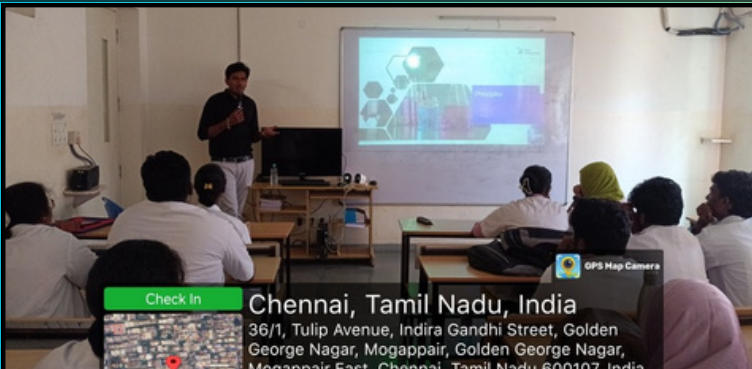
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DEPARTMENT ACTIVITIES

Workshop

Department of Medical Laboratory Technology conducted workshop for the students in association with HORIBA on insights of hematology with hands on training on automation. Students were engaged in interactive session and practical demonstrations.



RIPANS student's visit

29 students and 2 faculty members from Regional Institute of Paramedical and Nursing Sciences, Mizoram visited Laboratories of MMM and MMMCHS. students were divided into groups orientation and visit to the MMMCHS Laboratory was done in the morning session. Visit to departments Microbiology, Biochemistry, Haematology, Clinical Pathology, Blood Bank, and the outpatient Ward for phlebotomy observation in MMM.





MMM COLLEGE OF
HEALTH SCIENCES

REFLECTIONS

MMMCHS NEWSLETTER



The Madras Medical Mission
"Compassionate Quality Healthcare"

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World Health Day

Department of Medical Sociology observed World health day from 2nd April 2025 to April 7th 2025, the aim of the programs was to promote awareness about mental and physical health, engage the college community and extend their outreach to local community. Activities were planned both education and interactive sessions like BMI, Flexibility, Hearing , wellness Bingo, Metal puzzles, tower of Hanoi etc



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YOUTH RED CROSS

Fire Safety Drill

Fire safety drill was conducted by Fire station officials of JJ Nagar fire station, Chennai. Reasons for fire accident, dos & do's during fire breakout. Live demonstrations was done before students and staff on fire safety. Students had hands on training and doubt clearing sessions.



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NATIONAL SOCIAL SERVICE PROGRAMS

The international Yoga Day was celebrated on 21st June 2025. The Guest for the program was Ms. Sreemathi, Yoga Instructor. The guest spoke on importance of yoga in everyday life and encouraged students to learn and practice it. She also taught few yoga asanas for students and the crowd followed the instruction. The session was very useful and effective



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ENGLISH LITERARY CLUB

Reading contest

English Literary Club organised reading skill contest on 16th April, Dr. lally hanna Luke Assoc Prof and Ms. Ashalatha, Admin Manager were the judges for the competition. Winners were awarded with certificates.



TAMIL LITERARY CLUB

Tamil New year competitions

Tamil Mandram conducted tamil poem, thirukural competition and tamil speech competition for the students. Dr. Bharathi, Assoc Prof and Ms. Sathya, Asst. Professor were the judges for the competition. Winners were awarded with certificates



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STUDENT DEVELOPMENT COUNCIL

Competitions

Nehru Institute of Allied Health Sciences conducted "STRIVA 2K25" National Level Intercollegiate Sports & Culturals meet on 10th & 11th May. 13 Allied Health Science institution participated in the competitions with 700 participants. MMMCHS had 85 students participating in various cultural & sports events. Students won medals, certificates and overall cultural trophy



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Staff Development Program

Staff one-day trip was organized to Marutham Resort, OMR, Chennai. The day was harmonious with blend of nature, nostalgic feel, fun, and filled with team spirit. The resort's traditional setup and photogenic spots added charm, while the activities promoted bonding and rejuvenation. The trip was a memorable experience and a resounding success in nurturing staff well-being and connection. The trip also served as an integral part of faculty and staff development, aligning with the broader objectives of the FDP by enhancing workplace morale, reducing stress, and encouraging informal interactions that strengthen professional relationships.



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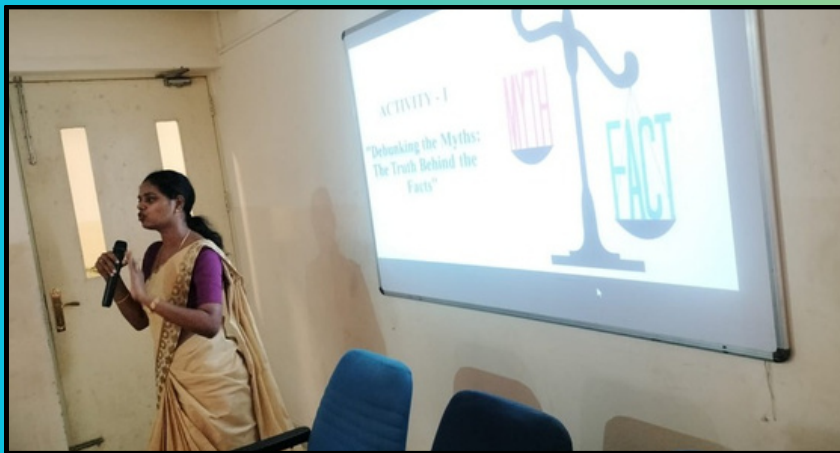
Staff Coordination Council organized Faculty Management Program on 7th June 2025. The session was facilitated by Ms. Saranya, Counselling Psychologist, Hindu Mission Hospital, who trained us on practical approach to mental wellness and interpersonal effectiveness.

Topic Covered

Sex education for adolescence

Focus on Mental Health & Emotional intelligences

Interactive Tasks & Activities



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EVENTS

UG Farewell

The Elysium Farewell 2025 was a heartwarming and memorable event organized to honor and bid adieu to the graduating Batch of 2020–2024, held on May 10, 2025 at , MMM Hospital, marked the end of an important chapter in the students' academic journey and the beginning of a new phase in their lives.





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Promotional Activities

MMMCHS participated in the promotional program held at Kozhikode and Kottayam organized by Malayalam Manorama as "HORIZON". It was a 4 days program with lot of visiting crowd of students and parents, we interacted with students and provided details about the courses and brouchers were distributed. Students details were collected for further follow ups.

